

TRAUMA INFORMED CARE COURSE



THE
COLLEGE
OF THE
FLORIDA KEYS

In our increasingly complex world, understanding trauma and its effects on individuals and communities is essential for fostering resilience and promoting mental health. This course, Trauma Informed Care, is designed for professionals across diverse fields, including mental health, education, social work, healthcare, and community service, as well as for anyone interested in enhancing their understanding of trauma and building resilience within themselves and others.

Location: The College of the Florida Keys
5901 College Road
Key West, FL Room C121

Dates: 08/25/2025 - 10/20/2025

Times: Monday & Wednesday
5:30 PM - 7:30 PM
NO CLASS ON 9/1

CRN: 12882

Fees: \$155

Apply: cfk.edu/admissions/apply-now

Register: In person in the Enrollment Office. Building A

For Info: 305-809-3185

- Explores various forms of trauma and its impact across the lifespan.
- Examines the neurobiological effects of trauma and how adverse experiences influence brain development and function.
- Investigates how trauma manifests in behavior, relationships, and overall well-being.
- Provides practical knowledge and skills for applying trauma-informed care principles in professional settings.
- Aims to create environments centered on safety, trust, and empowerment.

